



HURON BEHAVIORAL HEALTH PROCEDURE

Procedure #: **ISP.2.02**
Issue Date: 12/03/04
Rev. Date: 11/15/16
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Title: Intake Assessment Procedure

Prepared By: Clinical Director

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Purpose:

To define the practices for intake assessment, diagnosis, and referrals for new consumers.

Scope:

This procedure applies to all employees (including full-time employees, part-time employees, contractual providers, and/or interns) of Huron Behavioral Health (HBH) and all consumers served.

Information:

- Huron Behavioral Health is obligated by contract with the Michigan Department of Health and Human Services (MDHHS) to complete non-emergent intake assessments on new consumers within fourteen (14) calendar days of the first request for service. (For emergent situations, see "[Emergency Services Policy ER.1.01](#)" and "[Emergency Services Intervention Procedure ER.2.02](#).) This performance indicator requirement is tracked by HBH and submitted quarterly to the Pre-paid Inpatient Health Plan (PIHP) for submission to MDHHS. HBH makes every effort to comply with this requirement.
- In accordance with the Children's Diagnostic and Treatment Services Certification (CDTSC) Interpretive Guidelines, the intake assessment process accommodates minors and takes into account the families strengths and needs for services in relationship to the child.
- The intake assessment shall be individualized, integrated, strength-based, family-focused, and culturally sensitive to the consumer/family and ensure equitable treatment and the timely initiation of services. Assessments are conducted in a culturally sensitive, non-threatening manner to determine ways that increase participation in services and support the achievement of agreed upon goals. The assessment also identifies any issues of special relevance to various groups, such as women, older adults, young children, or adolescents, as appropriate. Only the information needed to determine the medical necessity of the treatment/services is sought during the assessment process. In all cases, the assessment worker will show respect and dignity towards the individual served and will honor the recipient's rights and HIPAA (Health Insurance Portability & Accountability Act) privacy, security, and confidentiality requirements. (See also "[Confidentiality and Disclosure Procedure RR.2.07](#)" and "[Employee Code of Conducts ORI.1.18](#)").
- Intake assessments are conducted in a welcoming non-judgmental manner by staff who are qualified by education, training, skill, and experience and are able to recognize individuals and families with special needs.
- HBH attempts to be as flexible as possible when scheduling assessments and has the philosophy of same-day access for individuals who are seeking services and strives to arrange the intake appointment on the same day requested or within the next several business days dependent upon the individual's availability. The clinical assessment gathers information to determine level of care, appropriate services, and assesses for mental health disorders, substance use disorders, and co-occurring disorders. These prompt, responsive intake practices:
 - Ensure equitable treatment;
 - Give priority to urgent needs and emergency situations;
 - Facilitate the identification of individuals and families with co-occurring conditions and multiple needs;
 - Enable access to a comprehensive assessment process;
 - Support the timely initiation of services.

Procedure:

1. New consumers are referred to the contracted screening provider. Upon approval from the screening process, the consumer is referred back to HBH for services.

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2. Prior to any therapeutic interventions, HBH:
 - Explains any benefits, risks, side effects, and alternatives to the consumer or his/her parent/legal guardian
 - Obtains written, informed consent from the consumer or his/her parent/legal guardian
3. When a new consumer arrives at HBH, Admissions/Intake staff follow the guidelines established in the ["Customer Services – New Consumer Procedure \(ISP.2.05\)"](#) including determining the financial ability to pay with the ["Full Financial Review Income & Expense Analysis Worksheet" Form \(90-090\)](#), and provides a ["Health Screening Form" \(100-009\)](#) to the individual to complete.
4. The Intake Assessment Specialist then meets with individual and reviews the MIDAS (Mental Illness Drug and Alcohol Screening). (For children, the clinician conducts a CAFAS assessment, which evaluates level of function. (Input is obtained from the child, adolescent, or teenager, and their parent or guardian, and other resources, such as the school system, or judicial system, etc., as may be needed, and sources are listed in the rating scale).
5. The Intake Assessment Specialist also completes a Level Of Care Utilization System (LOCUS) (see also ["Level Of Care Utilization System \(LOCUS\) Procedure" SD.2.16](#)) in the Electronic Medical Record (EMR) system to determine the appropriate treatment/services to be provided.
6. Individuals are also assessed in their risk of suicide, self-injury, neglect, exploitation, and violence towards others.
7. The Intake Assessment Specialist conducts a thorough evaluation of the consumer's mental health status using the Clinical Assessment Form in the EMR system, as well as any other relevant information gathered from screening tools and the consumer's input during the clinical assessment. The clinician will determine any particular language, cultural, religious, racial, ethnic needs and/or Limited English Proficiency (LEP) needs, and other individual considerations at the time of the intake assessment and if language assistance is needed, the clinician will obtain the necessary assistance in order to complete the assessment (see [Limited English Proficiency \(LEP\) Accommodation Policy RR.1.02](#) and [Limited English Proficiency \(LEP\) Procedure RR.2.46](#)).
8. The clinician utilizes several standardized tools, including a seventeen (17) question [MIDAS \(Mental Illness Drug & Alcohol Screening\) form \(90-408\)](#) for the consumer to complete. The clinician will score the MIDAS responses and determines if a co-occurring mental health/substance use disorder is present.

NOTE: The MIDAS Tool is to be given to consumers thirteen (13) years of age and older. If the consumer is under thirteen (13) years of age, the MIDAS will be used at the discretion of the Intake Assessment Specialist when deemed appropriate. The parent/guardian should complete this on younger children when appropriate.

9. The Intake Assessment Specialist will gather information relating to:
 - Concerns identified in the initial screening
 - Referral & Background Information
 - Education & Employment Information
 - Developmental history
 - Individual and family strengths, risks, protective factors
 - Financial, Housing, & Transportation Information
 - Legal information
 - Safety concerns
 - Meaningful activities, Social relationships, & Personal activities information
 - Natural supports and other helping networks
 - Health information
 - Trauma history and recent incidents of trauma
 - Mental status exam
 - Substance Use Disorders/Co-Occurring Disorders
 - Diagnosis
 - Functional Needs Assessment
 - Justification for mental health services (medical necessity)
 - Consumer expectations/goals

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- Consumer's willingness to be engaged in treatment
 - Medical needs, including medical detoxification, medication monitoring/management, other physical health services, exams, laboratory testing, and/or other diagnostic procedures
10. The information obtained in the initial/intake assessment shall be used to determine any unmet needs and service and program needs that are appropriate for the individual and which services are available and referrals are made to programs as appropriate (see also "[Program Transfer and Referral Policy](#)" (SD.1.08)). Identified unmet needs are addressed directly or through referrals and can include such things as:
- Medication management and/or monitoring
 - Physical examinations or other healthcare services
 - Detoxification
 - Laboratory testing and/or toxicology screens
 - Other diagnostic procedures, as needed
11. Findings of the initial/intake assessment are interpreted by the clinician and shared with the consumer (and parents or guardians). The initial clinical assessment forms the basis for the consumer's Person Centered Plan (PCP). (See also "[PCP Policy](#)" QI.1.05 and "[PCP Procedure](#)" QI.2.18).

Definitions/Acronyms:

CAFAS – Children's and Adolescent Functional Assessment Scale
CDTSC - Children's Diagnostic and Treatment Services Certification
COA – Council on Accreditation
EMR – Electronic Medical Record
HBH – Huron Behavioral Health
LEP – Limited English Proficiency
LOCUS – Level Of Care Utilization System
MDHHS – Michigan Department of Health and Human Services
MIDAS – Mental Illness Drug and Alcohol Screening
PCP – Person Centered Plan
PIHP – Pre-paid Inpatient Health Plan

Forms:

[90-408 MIDAS \(Mentally Ill Drug & Alcohol Screening\) Tool](#) (used with written permission of Ken Minkoff, MD on 06/19/07)
Clinical Assessment Form (in EMR)
LOCUS form (in EMR)
[100-009 Health Screening Form](#)

Records:

Completed intake assessments are retained permanently in the consumer's case record in accordance with the [HBH Record Retention and Storage Policy \(QI.1.23\)](#).

Reference(s) and/or Legal Authority

COA standards
Children's Diagnostic and Treatment Services Certification Interpretive Guidelines (Administrative Rules 330.2105) @ http://www.state.mi.us/orr/emi/admincode.asp?AdminCode=Single&Admin_Num=33002005&Dpt=&RngHigh=33923405
[ER.1.01 Emergency Services Policy](#)
[ER.2.02 Emergency Services Intervention Procedure](#)
[ISP.2.05 Customer Services – New Consumer Procedure](#)
[RR.1.02 Limited English Proficiency \(LEP\) Accommodation Policy](#)
[RR.2.46 Limited English Proficiency \(LEP\) Procedure](#)
[ORI.1.18 Code of Conduct Policy](#)
[QI.1.23 HBH Record Retention & Storage Policy](#)
[RR.2.07 Confidentiality & Disclosure Procedure](#)

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Change Letter	Date of Change(s)	Changes
None		Old procedure brought into new Controlled Documentation format with minimal content changes.
A	11/21/05	Added references, added second bullet in "Information" section, added #7 in "Procedure" section to further comply to the Childrens Diagnostic and Treatment Services Certification Guidelines.
B	03/10/06	In #2 & #3 added "or Basis-24 Assessment", added second sentence in #4 to more fully comply with the MCO Review Template and MDCH template D.9.3, added reference to RR.1.02 and RR.2.46 two places, added hyperlinks, changed titles in "Prepared By" (header)
C	06/25/07	Revised for regional intake assessment form. Added 90-1002 to Forms section, Deleted all bullets in #6 and replaced with headings from new regional form, made minor wording changes for clarification, removed TOP form from Forms section, added #5 in "Procedure" section for MIDAS Tool.
D	08/23/07	Added "NOTE" in item #5 of "Procedure" section to clarify ages for MIDAS tool
E	09/11/07	Added "EMR" to "Acronym" section and "Records" section.
F	06/17/08	Changed "TOP" Assessment to "OQ-45.2" Assessment, changed Health Screen Form number from 90-007 to 100-009 to comply with regional form directive, added hyperlinks,
G	01/28/09	Reviewed and revised to comply with COA 8 th Edition Standards and present practices – removed COA chapter-specific reference (S1 & S2), added "and cultural" & "and other relevant..." & "or other cultural considerations" to #4, added 1 st bullet in #6, added "shall be pertinent..." to #7, added last bullet in "Information" section, added last bullet #6
H	03/28/13	Reviewed and revised to comply with 8 th edition COA standards - added the last 2 sentences in the 3 rd bullet in "Information" section, added third from bottom bullet in #6, in #7 reworded first sentence, removed last 2 sentences in 1 st bullet "Information" section relative to state reporting as it was not pertinent to this procedure, in "Procedure" section #2 removed last two sentences regarding OQ-045, Basis-24, and Substance Abuse consumers), made numerous other small content changes.
I	03/18/15	Removed references to "AAM" and "Access Alliance of Michigan" throughout document (5 places) and replaced with "PIHP" where appropriate, in "Acronym" section added "PIHP", "MIDAS", & "LEP" and removed "AAM" & "TOP", in "References" section removed "ISP.2.06 TOP Procedure", in "Forms" section removed references to form numbers and regional forms, in #6 combined health and safety bullets and removed "case assignment information", made numerous wording/grammatical changes/corrections without changing sentence content.
J	11/15/16	In "Information" section 3 rd bullet added 3 rd sentence, added 5 th bullet, in "Procedure" section added #2, #6, & #6, in #9 added 4 th , 5 th , 10 th , 12 th , & 14 th bullets, in #10 added last sentence and 5 bullets, in "Acronyms section removed "MDCH" and added "MDHHS" & "LOCUS", in #8 changed "fourteen (14) years of age" to "thirteen (13) years of age" (2 places), changed "worker" to "Intake Assessment Specialist" (6 places), made several additional wording/grammatical changes/corrections without changing sentence content.